

King's Ford Infant School & Nursery

Week 1

Monday

Macaroni Cheese served with garlic bread

Jacket Potato with Baked Beans (ve)

Ice cream with wafer
(Vegan option available)

Tuesday

Chicken Chunks or Quorn pieces in a wrap
Served with Smiley faces

Jacket Potato with Tuna Mayo

Iced Chocolate cake (ve) vegan optioavailable

Wednesday

Peri Peri Chicken *or*
Peri Peri Vegan Quorn Fillet
(ve)
served with half a jacket potato and sweetcorn

Jacket Potato with Cheese (Vegan Cheese available)

Waffles with choice of sauces
(ve)

Healthy
Our pasta, rice and breads are healthy wholemeal products

Thursday

Brunch Lunch Sausage, Bacon & Egg *or* **Vegan Sausages** (ve)
served with hash brown bites and baked beans.

Jacket Potato with Tuna Mayo

Jelly (ve) & **squirty cream**

Checked
We always use reputable suppliers and where possible use local produce

Friday

Fillet of Fish *or* **Vegan Quorn Dippers** (ve)
served with crispy chips and peas

Jacket Potato with Baked Beans (ve)

Yoghurt pots
(Vegan option available)

Available everyday

A healthy salad bar, bread, fresh fruit, yoghurt, water and milk

Nursery



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Week 2

Menu

Monday

Pork Meatballs *or* Vegan Meatballs (ve) in an Italian style tomato sauce served with pasta

Jacket potato with Tuna

Pancakes with syrup *or* sauce (Vegan option available)



Tuesday

BBQ Chicken *or* Southern Fried Quorn Burger (ve) served with sweet potato wedges and peas

Jacket potato with Cheese (Vegan Cheese available)

Shortbread (ve)



Wednesday

Lasagne *or* Vegan Lasagne (ve) Served with garlic bread

Jacket Potato with Baked Beans (ve) served with salad bar

Fruit Platter (ve)



Thursday

Picnic Day a choice of filled breads (vegan option available) Served with crunchy vegetable sticks, tortilla chips and a choice of dips

Chocolate brownie (Vegan option available)

Healthy

Our pasta, rice and breads are healthy wholemeal products

Checked

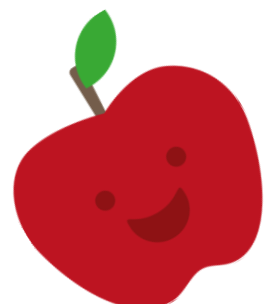
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Friday

Bubble Fish *or* Vegan Dippers (ve) served with curly fries and baked beans

Jacket Potato with Cheese (Vegan Cheese available)

Artic roll (Vegan option available)



Available everyday

A healthy salad bar, bread, fresh fruit, yoghurt, water and milk

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Week 3

Menu

Monday

BBQ Chicken, Pepperoni *or* Margherita Pizza (vegan cheese available)
served with sweetcorn

Jacket Potato with Cheese (Vegan Cheese available)

Vanilla sponge cake (Vegan option available)

Tuesday

Sausage Rolls *or* Vegan Sausage Rolls (ve)
served with herby diced potatoes and spaghetti hoops

Jacket Potato with Tuna
served with salad bar

Choc Ices (Vegan option available)

Wednesday

Pulled Pork in a Bun *or* Quorn Fillet in a Bun (ve)
served with sweetcorn and BBQ sauce (optional)

Jacket Potato with Beans (ve)
served with salad bar

Oat & Coconut Cookies (ve)

Healthy
Our pasta, rice and breads are healthy wholemeal products

Thursday

Popcorn Chicken *or* Popcorn Quorn (ve)
served with savoury rice and peas

Jacket Potato with Cheese (Vegan Cheese available)

Jam & Coconut Sponge (Vegan option available)

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Friday

Fish Finger Wrap *or* Fishless Finger Wrap (ve)
served with chips, salad bar and a choice of sauces

Jacket Potato with Baked Beans (ve)

Fruit Smoothie(ve)

Available everyday

A healthy salad bar, bread, fresh fruit, yoghurt, water and milk

