

Colchester MSC Meeting notes October 2024

Attending

Kayleigh – Chair : Hazelmere, Heathlands, St Michaels (host), Lawford, Bishop William, Monkwick, Earls Colne, Kings ford

Apologies

Doucecroft, Langham

Thank you to everyone who attended the Colchester MSC meeting, there were some fantastic discussions, and I was impressed with the input from all attending. The first item on the agenda was the local offer and the young people spoke of what that could look like for them :

- Websites with interactive games
- Adverts and posters
- Social media
- Library and access in person for those who don't have access to the internet
- QR Codes
- News, radio, Books
- Should be accessible
- Must be ad free
- Twitter
- Letters
- All school leavers get a code

The next item on the agenda was to ask the young people for a tag line for Banjo,

- Banjo will help you find your magic
- Banjo will never leave anyone out
- Be more banjo
- Happiness is my goal
- Be kind and respectful this is what Banjo believes in
- Little mascot to inspire the world
- One small mascot making a big difference
- One small bear but one big voice
- Banjo is always ready to help
- Make sure everyone is included
- Be responsible for your actions
- He might be one small bear but he has a big heart
- We are all similar on the outside but inside we are unique
- Its good to be different
- Stand up and Speak up
- Don't be afraid of who you are
- A little mascot making a big difference
- Small bear who can change the world
- A kind bear who has courage to share
- Don't hide your true self
- Be more Banjo

Following the break we asked how young people could be included more in one planning and EHCPs

- Other ways to communicate, write, draw and letters
- Ask a teacher to help
- Note book to write down in for adults to read
- Play time and lunch times are better times to talk
- Need a trusted adult to talk to
- To help with fidget toys, time out of the class, build confidence

Mental health was the next topic on the agenda and young people had ideas on what our group should focus on including:

- Powerpoints to raise awareness
- Billboards
- Assemblies
- A MH day with activities that are good for your mental health
- There should be a focus on preventing mental health illness
- We should have lessons on it
- A youtube video to raise awareness

SENCo Role

- There should be more than one SENCo
- Should have a quite room
- Sencos help us
- There should be more people
- Sencos are overwhelmed with work there need to be more assistants.

Stars of the meeting



David, Cordillia, Tilla and Ava