



# Educational Psychology Service

## A leaflet for primary school children

**Improving lives:** using psychology to create positive change



Essex County Council



## What is an Educational Psychologist (EP)?

An EP is someone who is trained to work with children, parents, carers, teachers and other adults. Your parents or carers will know that the EP is coming to see you.

## We can help with making things better in school.

- Learning and concentrating
- Friendship and feelings
- Speaking and listening
- Feeling included in school
- Anything you are worried about







## What might we do?

- Visit you in school, or at home
- Ask you questions about things you do, what you like, what you find hard and how you feel about school
- Ask you to draw, do puzzles, read, write or do number work
- Talk with people who know you well
- Look at some of your work

## What will happen after our visit?

- There may be a meeting with your teachers and parents or carers to talk about how to help you
- We might write to you or your teachers and parents or carers to let you know what we think
- We may come and see you again

The name of the EP that will come to see you is:

If you have any questions about the EP's visit,  
the person to contact at school is:

This information is issued by:  
**Essex County Council**  
**Educational Psychology Service**

Contact us:  
**Essex.localoffer@essex.gov.uk**  
**[www.essexlocaloffer.org.uk/listing/essex-educational-psychology-service/](http://www.essexlocaloffer.org.uk/listing/essex-educational-psychology-service/)**

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Published June 2017.